

# Interactive EAP Website



CASCADE CENTERS  
INCORPORATED

- Home
- My Benefits ▾
- Emotional Wellbeing ▾
- Relationships ▾
- Financial ▾
- Health ▾
- Legal ▾
- Personal Growth ▾

Search:

*Cascade Personal Advantage (CPA)* is your interactive EAP resource for you and your family to build resilience and get answers to all of life's tough questions.

## Features Include:



Chat Live with an EAP Counselor



View Health Videos



View and access your organizations EAP Benefits



Browse 100's of commonly used Legal Forms



Take Self Assessments



Access Trainings and Webinars for Personal Growth



Access Financial Calculators

### Over Your Head in Debt?

A financial crisis isn't the end of the world. Learn what you can do if you are over your head in debt.

[READ MORE](#)

- Summary of Bullying
- Saving for Education
- Are You Covered?
- Eye Safety

Over Your Head in Debt?

NEWS ALERT

Ebola Alert

Get Prepared	Assessments	Most Popular	Highest Rated
<a href="#">Adoption</a>	<a href="#">Depression</a>	1. <a href="#">Will for Adult With No Child(ren)</a>	2. <a href="#">Screening for Generalized Anxiety Disorder (GAD)</a>
<a href="#">Alcohol</a>	<a href="#">Diabetes</a>		
<a href="#">Anxiety</a>	<a href="#">Drug Addiction</a>		
<a href="#">Budgeting</a>	<a href="#">Family Focus</a>		
<a href="#">Buying a Car</a>	<a href="#">Grief and Loss</a>		
<a href="#">Cancer Prevention</a>	<a href="#">Healthy Living</a>	3. <a href="#">Monthly Budget</a>	4. <a href="#">Beneficiary Worksheet</a>
<a href="#">Caregiving</a>	<a href="#">Heart Disease</a>	5. <a href="#">10 Ways to Cut Your Debt Now</a>	
<a href="#">Debt Management</a>	<a href="#">Home Center</a>		
<a href="#">Legal Forms</a>	<a href="#">Managing Stress</a>		
<a href="#">Parenting</a>	<a href="#">Pet Care</a>		
<a href="#">PTSD</a>	<a href="#">Retirement</a>		
<a href="#">Smoking</a>	<a href="#">Wills</a>		

Weekly Poll

To quench your thirst, what do you usually drink?

- Water
- Juice drinks
- Milk or milk product
- Soda
- Coffee or tea

## To Access:

1. Go to [www.cascadecenters.com](http://www.cascadecenters.com)
2. Click 'Member Log in'
3. Register as a new user
4. Enter company name