

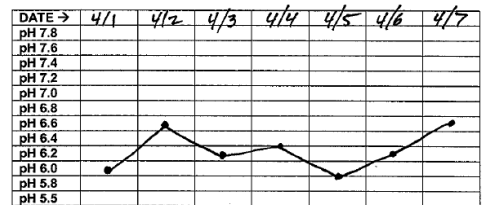


## pH Graphs

### Graphing Your Results

1. Write the date of the test in the top row.
2. On the left side of the chart, note the pH values.
3. Find the pH value that matches your test result.
4. Find the intersection of that pH value and the date of the test and place a large dot on the corresponding number.
5. Each time you record a new test, connect it to the previous test with a straight line.
6. Graph the results for both urine and saliva in the charts below.

Sample Graph



### Urine pH Test Results

DATE →							
pH 7.8							
pH 7.6							
pH 7.4							
pH 7.2							
pH 7.0							
pH 6.8							
pH 6.6							
pH 6.4							
pH 6.2							
pH 6.0							
pH 5.8							
pH 5.5							

### Saliva pH Test Results

DATE →							
pH 7.8							
pH 7.6							
pH 7.4							
pH 7.2							
pH 7.0							
pH 6.8							
pH 6.6							
pH 6.4							
pH 6.2							
pH 6.0							
pH 5.8							
pH 5.5							